

**OKLAHOMA
KHUAPI NISUAHNA
LAMAH A-OM
HUHPIAKNA
ZUMTE**



BARTLESVILLE

Neektheih, naungeek diaper, dailenbuuk vanzat,
& huhpiakna

Monday ni pan Wednesday ni ciang | Zingsang nai 9:00 a.m. pan
11:00 a.m. Thursday ni | Suunhun pan nitaak nai 2:00 p.m.
918-337-3703 | Amun: 1845 W. 4th St. | Bartlesville, OK 74003

BROKEN ARROW

Neektheih, zumvai panpihna, akiciangtan sum lamsang
panpihna & picing khinsate pil sinna (ESL sangkahna)

Tuesday ni pan Thursday ni ciang | Zingsang nai 9:00 a.m. pan
1:00 p.m. Tuesday nitaak lam | nai 6:00 p.m. pan 8:00 p.m.
918-994-1451 | 1012 E. Fort Worth St. | Broken Arrow, OK 74012

MCALESTER

Neektheih, Niikten puansilh, zumvai panpihna &
akiciangtan sum lamsang panpihna

Wednesday ni pan Friday ni ciang | Zingsang nai 10:00 a.m.
pan 3:00 p.m.
918-423-7707 | 328 E. Choctaw Ave. | McAlester, OK 74501

MUSKOGEE

Neektheih, naungeek vanzat piakna, picing khinsate pil
sinna (GED & ESL sangkahna) & zumvai panpihna

Monday ni pan Friday ni ciang | zingsang nai 9:00 a.m.
pan suunhun
918-681-6115 | 1220 W. Broadway St. | Muskogee, OK 74401

SALLISAW

Neektheih, Niikten puansilh, innsung vanzat, zumvai
panpihna & akiciangtan sum lamsang panpihna

Tuesday ni pan Thursday ni ciang | zingsang nai 10:00 a.m.
pan 2:00 p.m.
918-775-6111 | 409 N. Adams St. | Sallisaw, OK 74955

WILBURTON

Neektheih & akiciangtan akizangthei panpihna

Thursday ni | 10:00 a.m. pan 2:00 p.m.
918-370-1590 | 110 West Main | Wilburton, OK 74578

MAWTAW TAWH NEEKTHEIH HAWMNA

Oklahoma nisuahna lam dungah amawkna in
neektheih hawmna

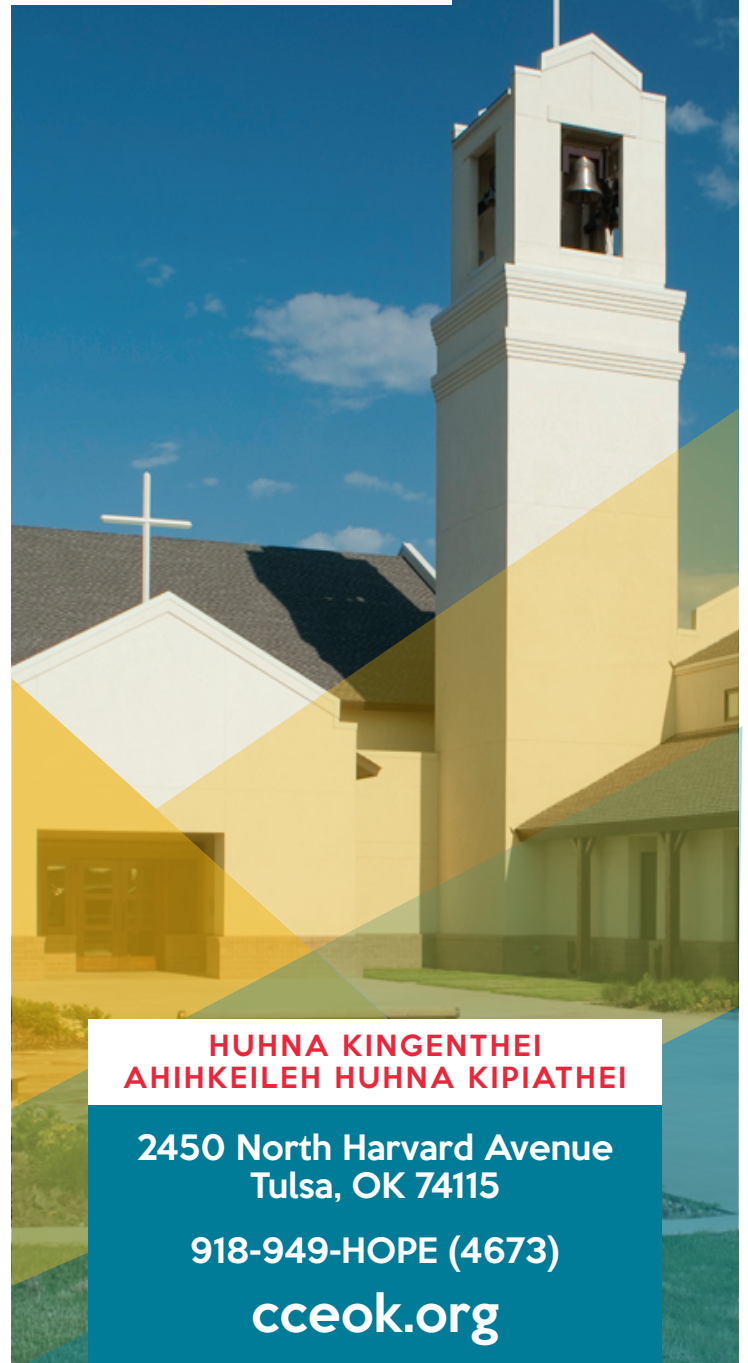
Khuasung vengah neektheih hawmkhiatna
918-949-4673 | cceok.org/mobilepantry

Eastern Oklahoma
CATHOLIC
CHARITIES

**Love
Changing
Lives.**

Sep Leh Bawl Ding Gelna Te Theih Sak Na

Published January 2024



**HUHNA KINGENTHEI
AHIHKEILEH HUHNA KIPIATHEI**

**2450 North Harvard Avenue
Tulsa, OK 74115**

918-949-HOPE (4673)

cceok.org

AHUNZUI IN TULSA AH AKINGAhte



NEEKTHEIH PIAKNA

Catholic Charities ah vanzuakna Bazar

Hongpai miten innsung vankisam tuamtumte teelthei uh a - van hing silsel, sa, bawngnawi leh aktui cihte a-om hunhun in deihteel in kila thei hi.

Monday ni pan Friday zingsang nai 9:00 a.m. pan 2:00 p.m.
Tuesday nitaaklam 5:00 p.m. pan 7:00 p.m. | Khasim Saturday
nunung ni zingsang nai 9:00 a.m. pan sunhun | cceok.org/food

THUKIN PANPIHNA

Zumvai tuamtum leh innsung kipnading akisam huhna tuamtumte kipia hi

Huhna pia nasepna, kisapna tungtawnin khusung mite tawh kizopsak-na, ID kheekna, lungsim gimna tawh kisai thudot theihna cihte ah minkikhum kipia thei hi. Mimal huhkisapna tungtawnin ki-en a, huhna panpihna kipia hi.

Monday ni pan Friday zingsang nai 9:00 a.m. pan 3:00 p.m.
hunsung zumah kipai thei hi
918-508-7160 | ehelp@cceok.org | cceok.org/ea

PICINGSATE SANGKAHNA

Khusung ah picingkhinsa sangkah nuamte kahtheihdingin kivaihawmsak hi

English & Spanish pau in GED/Hi-Set class kisin thei a, ESL, Computer siamna leh athupi tuamtumte zong sangkahin kisin thei hi.

918-508-7102 | cceok.org/education

NAUPAAI KEPNA

Naupaaite nausuakma leh nausuak khitciang kisitna, kikepna cihte license ngah OBGYN siavuanten manngento in hongveelsak thei hi

Monday ni pan Thursday zingsang nai 9:00 a.m. pan 4:30 p.m.
918-508-7199 | cceok.org/pregnancy-care

ST. ELIZABETH GIAHPAKNA

Tate kemkawmin na asem inn nupite innkituahna, inn zongna leh huhgetnate kipia hi

Sumlehpai kuama tunga kingalo in innkuan nuntaaknading nasepna.
Online pan kisiauthei hi.

918-508-7140 | cceok.org/stelizabethylodge

MADONNA INNPI

Numei naupaaite leh kum 1 nuaishah naungeek nei numeite omna ding inn zongna

Madonna Innpi ah omna ding inn zong hunsung ki-om theiding hi.
Online pan kisiauthei hi.

918-508-7140 | cceok.org/madonnahouse

HA TAWHKISAI KIVEELNA

Insurance kisamlo in ha tawhkisai natna naneih leh kilak thei a, kiveel sakthei hi

918-508-7191 | cceok.org/dental-care

ANHUANBUK & HUANSUNG NASEPNA

Anhuanbuk ah mehteh mehgha bawlina leh lengla, nasepna leh nasepmuhte neekding sunsiah hawmnate ah nasepna kihuhthei hi

cceok.org/kitchen-garden

GAMDANGPAN HONGPEEMTE ZUMVAI NASEPNA

Kumpi sitnite leh DOJ palai asem upadi tawh kituakin na asemten zumvai tuamtum ahi gammi suakna, gamsung omtheihna tawhkisai huhna hongpanpih thei hi

Kimuh theihna ding appointment laakkholh kulding hi.

918-508-7180 | cceok.org/immigration

PORTA CAELI INNPI

Lungkia lungsim hamsatna hangin nuntakna beina innah sihna in deihteeltheih hilo hi

Lungsimna hangin lungsimpaikhialhna, kha-annvakna, leh nuntakna tawh kisai lungsimbei lungsimna aneite leh amau innkuan pihte omnading huhna kingenthei hi. Manngento in huhna kipia hi.

918-935-2600 | portacaeli.org

CIDAMNADING NASEPNA

Lungsim pumpi liamna bawlsiat thuakna leh gilsungpan naungeek siatsaknate hangin akitamzan lungsim ngaihsutna anei numei leh pasal te kipuahphat kikitheihding deihsakna tawh omnading mun kician kivaihawmsak hi

Lungsimnate sungkhia in Christu Topa tawh kihotheihnading kuamah theihsaklohna Pasianthu lungngaih theihnading mun kician mahmah omin lungsim-pumpi-kha kicidamsak thei hi. English leh Spanish pau in Pasianthu lungngaihna kipia hi.

918-508-7142 | cceok.org/healing

TUAHSIATNA HUHNA

Khuahun siatna hangin tuahsiatna athuakte ading tulaitak leh mailam kisapte huhna kipia hi

Tuahsiatna athuakte panpihna kipia-a, tuadan tuahsiatnate hongpiang ciang bangdanin kigingding leh banghihding cih tawhkisai hilhciaanna panpihna kipia hi.

918-935-2650 | cceok.org/disaster

PEEMTATE TEENNA

US State Department te phalna tungtawnin peemtate kisapna leh vaidawna kipia hi

Omna teenna ding inn, annak tuidawn leh zumvai tuamtumte kisapna tungtawnin huhna kipia hi.

918-508-7182 | cceok.org/refugees

MIDANG TATE KEPNA

Nausuak nupite leh amau tate ahilo nau akem nulehpate ading midang tate kepna tawh kisai akisam huhna kipia hi

Catholic Charities of the Archdiocese of Oklahoma City ten kuasungbup ah midangte ta, ama ta banga kepna (adoption) tawh kisai akisam huhna kipia hi.

918-984-3507 | catholiccharitiesok.org