





Every day at Catholic Charities, a mother arrives choosing between groceries and rent. A senior brings a disconnection notice. A dad has lost hours at work. Because of your past generosity, Catholic Charities has been there at the first sign of crisis — helping families steady the budget, keep food on the table, and remain safely in their homes.

This Annual Report gives you a clear look at the impact of your gift on our community — the meals that stretched a family's budget — the classes that led to better jobs and higher wages — the home for pregnant women and single mothers that keeps children in a safe environment. In these pages, you'll see both data and real stories that show how early intervention prevents homelessness and preserves dignity.

If you're able, please renew your support with a gift to our annual appeal. Consider making it monthly—even a modest recurring gift provides reliable help when a crisis can't wait. And if your employer offers matching gifts or you give through a donor-advised fund, you can multiply the impact you'll see reflected in next year's report.

Together, we are Love Changing Lives!

God bless you,

Descon Karin M. Sartini

Restoring Minds, Strengthening Families: OUR COUNSELING PROGRAM RETURNS

For many families, mental health support can be the stabilizer that keeps everything from unraveling. That's why Catholic Charities of Eastern Oklahoma is relaunching our counseling program with licensed professional counselors — so our neighbors can access timely, compassionate care that strengthens both personal well-being and family stability.

Clinical excellence with a Catholic-Christian option

Our approach is simple and welcoming:

LICENSED CLINICIANS. Care is provided by credentialed professionals using evidence-based practices (e.g., cognitive-behavioral and trauma-informed approaches).

FAITH INTEGRATION BY REQUEST. For

clients who desire it, counselors can thoughtfully weave Catholic faith and values into the therapeutic process — prayer, moral teaching, and spiritual support — always aligned with the fullness of Catholic teaching.

OPEN TO ALL. You do not need to be Catholic to receive services. We meet people where they are, with respect for each person's background and beliefs.

PRIVATE AND DIGNIFIED. Sessions are confidential, affordable, and offered in an environment of mercy and professionalism.

For more information...
Visit cceok.org/counseling
or call (918)-508-7136

Prevention in action:

food

emergency assistance

workforce development

dental care

maternity care

adult education

transitional living

porta caeli house

eastern oklahoma outreach

disaster recovery

counseling

immigration legal assistance

car care

healing retreats



WHY WAIT UNTIL THEY'RE Now less

WE ACT EARLY...

meeting basic needs, stabilizing income, and strengthening families so a temporary crisis doesn't become an eviction.

HOW PREVENTION WORKS

MEET URGENT NEEDS FAST:

Food today, utility/rent help this week, case management

within days — so families stay in their homes.



WRAPAROUND CARE: One doorway, many services — clients move seamlessly between programs as needs change.

DIGNITY FIRST: Culturally responsive, trauma-informed support that builds trust and follow-through.

WHAT YOUR GIFT MAKES POSSIBLE

TODAY: Food on the table, utilities current

THIS MONTH: Adult education, case management, and legal help that removes the next barrier

THIS YEAR: Better jobs, stronger families, and sustained housing

THE WHY-WAIT DIFFERENCE

Early help is faster, kinder, and far less costly than rehousing after a family loses everything. Your generosity makes prevention possible.

Together, we are Love Changing Lives!

Last year...

6,911

worked

142,242

HOURS

which is equal to

full-time staff added to our

100 FULL-TIME & 34 PART-TIME

employees and

333 people volunteered **100+ HOURS**

Thank you!

Kevin Legleiter, Tim Desmond & Michael Canfield each volunteered more than 1,000 hours last year!

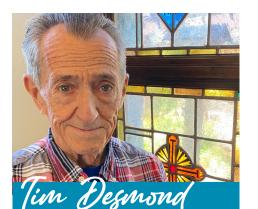






CONGRATULATIONS Volunteers of the Year!

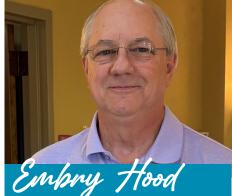
"Our organization is blessed with so many incredibly giving, talented and dedicated volunteers," said Kelly Cassidy, Director of Volunteer Engagement. "At every location, we have volunteers who selflessly live out their baptismal calling to serve our brothers and sisters." Each year, we submit three volunteers for National Volunteer of the Year, and Tim Desmond was selected as a finalist!



is a guest companion at Porta Caeli House, standing alongside our guests as they pass from this life to the next. Tim's gentle spirit, smile and joy are in and of themselves great ministries to his fellow volunteers and our employees.



embodies the connection between God's people and the care and keeping of His amazing creation. With Cheryl's volunteer assistance and energy, the formerly plain green spaces on our Tulsa campus have become blooming gardens of peace, rest and beauty.



is the lead volunteer for the Wednesday evening group building food bags for distribution at our mobile food pantries. Embry has built a team dedicated to the mission of combating food insecurity in our rural communities, many of which have far fewer food resources than Tulsa.

3 WAYS TO LUN

AS AN INDIVIDUAL

From shelf stockers to tutors to teachers - there is an opportunity for everyone to serve!

AS A GROUP

Church groups, school groups, civic groups, friend groups - all groups are welcome!

CORPORATE TEAM BUILDING

Build your team by serving others. To bring your team, contact bbird@cceok.org



Learn more about becoming a volunteer at cceok.org/volunteer

Creating Health & Wellbeing

A young man was choosing his groceries at The Market. When approached by a volunteer and asked how he was doing, his face lit up and he said,

"I work hard, but it's been difficult to afford food. I'm always hungry, and I didn't know this service existed. I'm so excited I found you all. Thank you for being here. I'm so grateful."

He filled his cart with fresh produce, excited about the strawberries. As he shopped, he thanked the volunteers again and again saying "I'll be back."

"That moment reminded me of why this work matters so deeply," the volunteer said. "Catholic Charities is not only meeting physical needs of those they serve, but also restoring hope and dignity."

47,208 PEOPLE

received nutritious food from The Market and 31,730 people received food through our mobile pantries

9.3 MILLION POUNDS

of food distributed throughout Eastern Oklahoma

20,936 MEALS

made in our kitchen were served through our community lunch at the Tulsa campus

The Market

A client-choice market where families select fresh produce, meats, dairy, and staples, with mobile distributions across Eastern Oklahoma. By easing grocery costs, households can keep up with rent and utilities, preventing crisis before it becomes homelessness.

Kitchen & Garden Ministries

Volunteers prepare nutritious take-away meals for The Market shoppers. Fresh produce from our community garden is used to create healthy lunches for clients and volunteers —stretching food dollars and strengthening community.



213 BABIES

were born through our Pregnancy Care clinic and partnership with Ascension St. John

925 PATIENTS

received dental care, with 80 patients receiving new dentures

\$1.01 MILLION

value of dental services provided to our clients

Pregnancy Care

Free pregnancy testing plus prenatal and postnatal care provided by licensed OB-GYNs. Healthy moms and babies build strong starts — reducing medical and financial stresses that can lead to housing instability.

Dental Care

Low-cost general and restorative dentistry for patients without insurance. Relieving pain and restoring smiles improves overall health, employability, and day-to-day stability.

Rewriting their Futures

Toni Valdez's story could have ended before it began. By age 16, she was a teen mom, a high school dropout, and struggling to make ends meet. Bills piled up, relationships faltered, and the future looked bleak. And when Toni decided she wanted to become an esthetician, she hit a roadblock—no high school diploma, no enrollment.

Toni found Catholic Charities of Eastern Oklahoma when her 18-year-old son, Bryce, began attending adult education classes there. Toni enrolled in GED prep and discovered something she hadn't felt in years: belief.

Today, Toni is pursuing a bachelor's degree in alternative medicine and aiming for a PhD. She works at the Salvation Army, balances family life, and mentors women who feel trapped by their circumstances.

"These amazing people believed in me, pushed me, and encouraged me when I didn't believe in myself."

Adult Education

Led primarily by volunteer teachers and tutors, GED (English and Spanish), English and computer skills classes open doors to better jobs and higher wages. With flexible schedules and individualized support — from tutoring to test prep — students gain the confidence to finish. Learning today leads to long-term stability — and the ability to keep a home.

1,456 TOTAL COURSE ENROLLMENTS

the highest in CCEOK history by 20%!

37 STUDENTS

earned their high school diploma







Workforce Development

Equips participants with the essential skills, knowledge, and experience required to succeed in their chosen careers. By offering hands-on training, industry-specific education, and professional development, the program aims to empower individuals to improve their employability, enhance their career prospects, and meet the evolving demands of the workforce.

Culinary Training

Students learn the skills it takes to work in a kitchen while preparing nutritious meals for our clients.

Car Care Clinic

Students learn proper vehicle maintenance, working on suspension and brake systems and engine repair.

Apprenticeships

Students receive on-the-job experience in program support roles on our campus.

Immigration Legal Services

Attorneys and DOJ-accredited representatives provide trustworthy, affordable help with family petitions, renewals, and naturalization. Legal status and documentation create safety and work opportunities that stabilize families.

A Safe Place to Land

When Alison walked into Madonna House, she carried addiction, trauma, and a past that nearly broke her.

After months of success in a rehab facility, her newborn twins, removed at birth, were placed back in her arms.

We stood beside her as she hid from an abusive partner, including arranging facial tattoo removal to boost her self esteem. Determined to rebuild, she followed her relapse-prevention plan, met weekly with a coach, and dove into parenting classes. She got a job, moved to St. Elizabeth Lodge, and began saving.

Recently, Alison moved into her own rental home with \$14,000 in savings. She's safe. She's sober. She's parenting. She is proof that lives change when people are met with dignity, support, and opportunity.



found a safe home and a plan for the future at St. Elizabeth Lodge 86
RETREATANTS

found hope and healing through our retreats more than double last year!

18 MOMS & BABIES

found support and community at Madonna House

Transitional Living

Madonna House provides a safe, structured home for pregnant women and moms with infants, fostering independence, sobriety and a secure start for baby.

St. Elizabeth Lodge offers supportive housing for working parents and their children, focusing on employment, budgeting and family stability.

Healing Ministries

Confidential, Christ-centered retreats for women and men seeking healing after abortion or trauma. Participants find renewal and hope that restore relationships, work and daily life.



3 COUNSELORS

have been hired to relaunch our Counseling program in the coming year

2,400+ GUESTS

served at Porta Caeli House since opening in 2017

378 PEOPLE

received compassionate end-of-life care at Porta Caeli House this past year

Counseling

Professional, faith-informed therapy for individuals, couples, and families facing depression, anxiety, grief, trauma and other stressors. Sliding-scale access removes barriers so mental health support can protect jobs, relationships and housing.

Porta Caeli House

A home-like, social-model residence offering compassionate end-of-life care at no cost when dying at home isn't possible. Guests and their loved ones receive emotional, spiritual, and practical support in a setting of dignity and peace.

Helping Families Out of Crisis Across Eastern Oklahoma

In Muskogee...

By 12, Brittany had already survived abandonment and three foster homes. At 18, college hopes collapsed into pregnancy, homelessness, addiction, and the loss of her children. Still, she didn't quit.

When Brittany found Catholic Charities Muskogee, everything changed. Liliana, her case manager, covered her immediate needs of groceries and diapers, and helped her put a plan in place: affordable childcare, transportation, and referral to the Bridges Out of Poverty program.

"For the first time, I felt like I mattered," Brittany said.

With steady coaching and community, Brittany secured a car, stayed sober, and began helping other families with transportation to Catholic Charities.

Today, she's a straight-A student at Connors State College, pursuing social sciences pre-law and a child advocacy certificate.

Her dream? To launch a nonprofit daycare with holistic family support services — and one day run for Muskogee City Council.



Other Food Support

25,499 PEOPLE

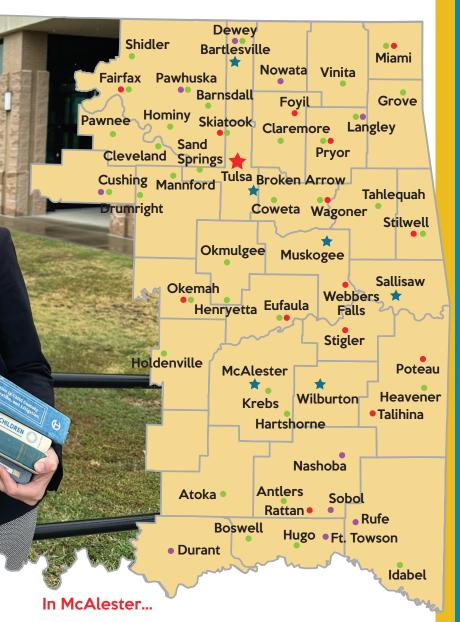
served at our Outreach locations in Bartlesville, Broken Arrow, McAlester, Muskogee, Sallisaw and Wilburton

8,820 PEOPLE

were helped by our Emergency Assistance program

330 FAMILIES

received Disaster case management to recover from fires, tornadoes, floods and wind damage



Battling stage 4 liver disease and living in unstable conditions, Renee needed a safe, stable apartment to qualify for a transplant waiting list. We worked alongside her through case management to secure a new home.

With access to healthier food through our pantry — and surrounded by constant prayer — her health began to turn around. Today, she no longer needs a transplant and her liver is showing remarkable signs of healing.

She credits the apartment and nutritious food for her recovery, but most of all, she says it was the prayers and steadfast support that changed everything.

Eastern Oklahoma Outreach

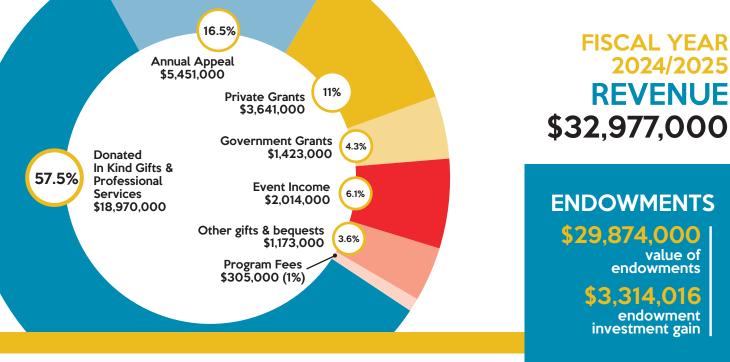
Through our 6 Outreach locations, 13 mobile food pantries and 36 rural parish outreach grants, we are working hard to meet the basic needs of Oklahomans where they are — helping families stay housed and stable.

Emergency Assistance

Our Emergency Assistance program is centered on skilled case management that identifies root causes and clear pathways to prevent homelessness. Alongside that guidance, we provide limited financial assistance, targeted referrals, and hands-on help completing applications for social services such as SNAP, Social Security, and unemployment benefits.

Disaster Outreach

Working alongside community partners, Disaster Outreach provides a full range of services allowing individuals, families and communities to prepare for, respond to, and recover from natural disasters such as tornadoes, floods and wildfires.



STATE & FEDERAL FUNDING

Catholic Charities of Eastern Oklahoma is a 501(c)(3) nonprofit organization in partnership with the Catholic Church. While we collaborate with state and federal agencies to enhance the delivery of services, only 4.3% of our annual budget comes from government funding. These limited funds are directed primarily toward disaster case management after severe storms, security enhancements (such as cameras and badge scanners), expanded capacity for food distribution (including refrigeration), and refugee resettlement services prior to their closure in early 2025.

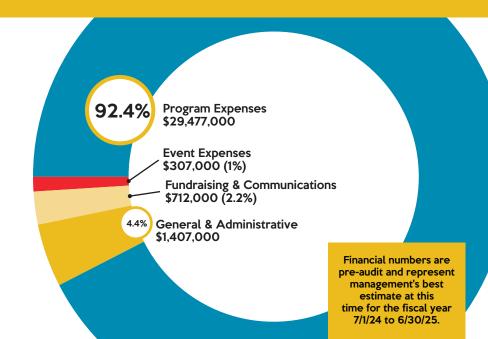
\$90,844.22 total giving matched from 48 donors

MATCHING GIFTS

Does your employer match donations?

cceok.org/matching

FISCAL YEAR 2024/2025 **EXPENSES** \$31,903,000







Get your ducks in a row...

As a service for our donors, Catholic Charities provides complimentary and confidential charitable estate planning services.

Contact Laurie Gero at 918-508-7116 or lgero@cceok.org for more information.

Have you named Catholic Charities in your will or estate plan? Let us know so we can include you in our Caritas Christi Society.

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WHY WAIT UNTIL THEY'RE Noweless?

Homelessness doesn't begin on the street; it begins with a missed paycheck, an empty pantry, a shut-off notice. Your donation is Christ's merciful love to those who suffer. Join our mission.

Together, we are Love Changing Lives.



Donate to our Annual Appeal at cceok.org/donate

Many are surprised to learn that Catholic Charities does not receive funds from the Diocese of Tulsa's Faith & Works Annual Appeal. The majority of our funding comes from gifts made directly to Catholic Charities by individuals and foundations.