

## Workforce Life Skills Volunteer Teachers



## Recent Culinary Training Program graduates

## CCEOK's Workforce Development Works!

The Workforce Development program at CCEOK is training individuals in areas like culinary arts and auto mechanics, so they can have the skills, knowledge and hands-on experience to succeed in their chosen careers.

**There is also training for warehouse logistics and administrative assistant roles, too - all taught through a combination of theoretical instruction and practical application, right here on the Tulsa campus by employees and volunteers working together to change lives!**

So far, six cohorts of 6-8 culinary students have gone through the 12-week program and graduated. Seeing the smiles of accomplishment from the students and their family members present for graduation is incredibly rewarding for everyone involved in the program. Chef Michael teaches the culinary skills while volunteers teach classes to prepare students to be successful in the workplace with life skills.

**There is more involved in the program than just the classes. Students meet with Career Navigator, Georgina Salgado, every Monday of their 12-week course for case management.**

If she learns of needs that a student has that can be met by a CCEOK program, Georgina can refer them.

The first student in the automotive repair cohort was in January. Now, 2-3 students cycle through their 12-week course learning skills like oil changes, brake repair and mounting tires. They also pass the Professional Mechanics Test at the end of the training.

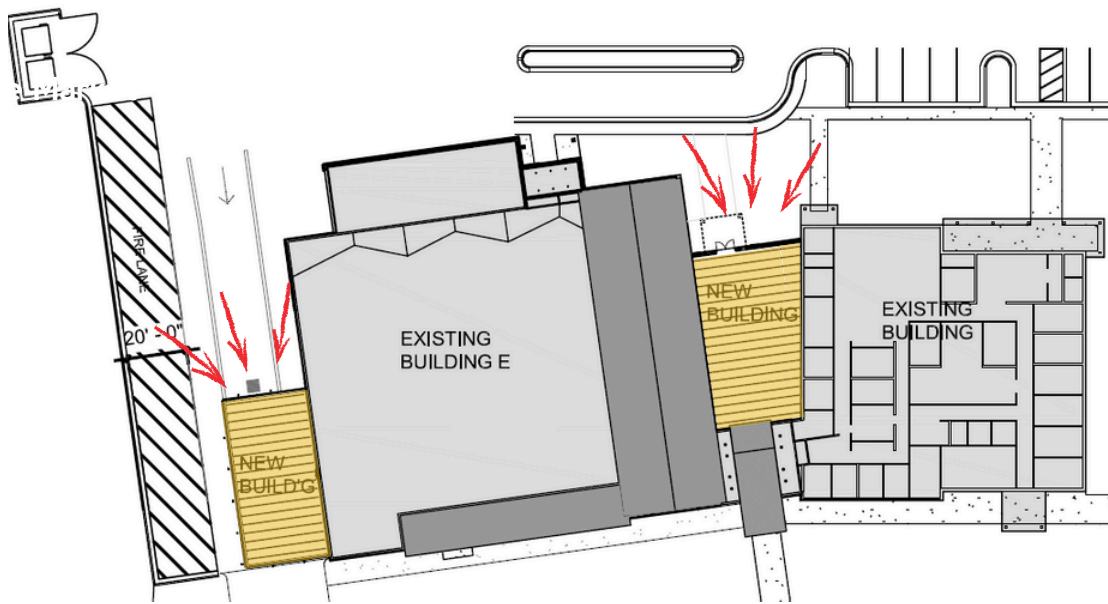
**“Our ideal is that the graduate will get hired at something like a car dealership and then be able to continue their advanced skills through them,” said Workforce Development Director, Joe Rogers.**

**Workforce Development is looking to grow in the near future with new programs that will prepare even more individuals to enter the workforce and build on their success at changing lives.**

## Get involved!

Contact the Volunteer Office to find out more about how you can get involved in the Workforce Development program!

**volunteer@cceok.org**



## Tulsa Campus Construction Update

As soon as permits are in-hand, construction will start on an expansion of the client waiting area for The Market.

The new waiting area will enclose the area between The Market and the Emergency Assistance building to provide a climate-controlled waiting room for people waiting for their turn to shop in The Market.

During construction, shoppers will line up outside and to the left of the current market exit (double) doors. There may be a couple of days where, for everyone's safety, The Market will need to close completely as cranes will be operating in the area.

Once completed, the new waiting space will be like an atrium, with sky lights and benches, and our shoppers will be out of the elements and in a climate-controlled waiting space.

Once the new waiting area construction is completed, a new covering will be added to the loading dock in the back of the warehouse. The new enclosed space will not only allow employees and volunteers (staff) to load and unload trucks more safely during inclement weather, but there will also be a space added where groups can work in the warehouse without having to be in the aisles. This will enhance the safety environment in our very busy warehouse.

Due to the construction, some things on the north side of campus potentially could temporarily change. Please stay tuned for notifications from the program in which you volunteer for any important updates.



### Porta Caeli House Staff Gather

Volunteers and employees (staff) of PCH recently gathered for an evening of fellowship, learning about how PCH came to be, and enjoying a tasty meal.



# WE ARE ALL THE HANDS OF CHRIST!

A quick look at the amazing impact some of our programs had last fiscal year (7/1/24-6/30/25)



**259** individuals and group members worked **2,039.90** hours to keep our Tulsa campus grounds beautiful and to grow food to feed our community



**32** volunteers gave **1,058.83** hours to help students become successful in the workplace and to repair the vehicles of our neighbors in the Workforce Development program



**365** Mary Martha Outreach volunteers gave **10,878** hours providing groceries, clothing and housewares to their neighbors experiencing food insecurity



**11** volunteers gave over **1,059** hours in Immigration Legal Services to provide dignity, justice and hope to the immigrant among us



**148** volunteers gave over **3,502** hours in the Dental Clinic to provide compassionate and quality dental care



**93** Muskogee volunteers gave **3,146.33** hours providing groceries, clothing and infant supplies to their neighbors in need



**9** volunteers gave **999.12** hours in the Volunteer Office to support all CCEOK programs, outreaches and mobile food pantries



**Thank you! Together, we are Love Changing Lives!**



A big CCEOK

## ≡Welcome≡

to all of our newest volunteers!

Abigail Little - Counseling  
Mariah Lopez - Counseling  
Thu Nguyen - Counseling  
Lorena Gutierrez - Education Tulsa  
James Killerlain - Education MOC, SPX, Tulsa  
Heather Livingston - Education SPX  
Jordan McCown - Education Tulsa  
Teresa Palmer - Education Tulsa  
Fernando Marquez Pimentel - Education MOC  
Lisbeth Rode - Kitchen  
Tammy Nguyen - Market  
Bennett Ross - Market  
Mark Sears - Market/Kitchen  
James Stowers - Market  
Peter Thomer - Market  
Janet Browning - MMO  
Leizl Lawyer - PCH  
Thomas Spitler - PCH  
John Cresswell - Sallisaw  
Charles Thompson - Sallisaw  
Sister Hayhurst - Workforce/Market



**With gratitude...**

Thanks to our amazing volunteers who don't let the ups and downs of weather stop them from being Christ's merciful love to our neighbors!



## Calling all volunteers!

The Volunteer Office has a new Facebook group, **Volunteers Changing Lives**. Please join our group and be in the know with all things CCEOK volunteer related!



Scan this QR code or search "Volunteers Changing Lives" on Facebook to join!



### IN MEMORY

Barbara Huff, a dedicated volunteer in Sallisaw since 1983, passed away recently, at the age of 91.

Barbara was Love Changing Lives at the front desk of Catholic Charities Sallisaw.

## National Charity League Moms & Daughters Support CCEOK Programs



The National Charity League (NCL) brings mothers and daughters together through community service, leadership, and personal growth.

Volunteering side by side, Catholic Charities is the lucky recipient of their volunteerism as they prepare meals for Porta Caeli, care for children in Transitional Living, assist with Adult Education's graduation reception, and support The Market, giving many hours helping families in need.

Catholic Charities is grateful to NCL families as they strengthen their bond—and their community—with every act of service.



First day of Adult Education: Way to go, volunteer teachers!

## GET INVOLVED



Volunteer with us! [cceok.org/volunteer](https://cceok.org/volunteer)

Join our Facebook Group!

For story ideas, feedback, etc.,  
email: [volcommunications@cceok.org](mailto:volcommunications@cceok.org)

MAKE A  
DONATION!

