A year after thousands of Afghan refugees arrived in the United States, their path to legal residency begins with asylum or special immigrant visas.

In Tulsa, the asylum process is being managed by a team of 69 pro bono attorneys, managed by Catholic Charities’ Kojo Asamoa-Caesar. As of late October, more than 1,500 hours have been donated to the effort to help more than 800 Afghan families who are beginning to travel to Fort Smith, Arkansas, for asylum interviews.

Visit cceok.org/probono to read the full story.
Together, we...

Nourish our community

THE MARKET AT CATHOLIC CHARITIES allows families to choose the healthy foods they will enjoy free of charge.

THE KITCHEN volunteers prepare nutritious takeaway meals for families to choose when shopping in The Market.

THE GARDEN volunteers contribute fresh vegetables to The Market.

EASTERN OKLAHOMA OUTREACH 8 locations across Eastern Oklahoma providing food, clothing and other services to those in need.

Turning fresh produce and groceries into nutritious meals is something Madonna House volunteer, Mirella Sehl, teaches our residents every week. The residents take turns choosing their favorite meals and Mirella teaches them how to make them in a healthy way.

Visit cceok.org/mirella to read more.

249,534 PACKAGES of food were given out through our Tulsa food pantry, prior to the opening of The Market in April 2022.

600+ FAMILIES per week now choose their own groceries at The Market.

3.05 MILLION POUNDS of food distributed throughout Eastern Oklahoma to 35,103 FAMILIES through our Outreach locations and mobile food pantries.

Together, we are the LARGEST PROVIDER OF FOOD to individuals in need in the state of Oklahoma.

"We are hardworking people who need the help of Catholic Charities to make ends meet. It helps us to remain a family."

~Ky

Sometimes, it’s difficult to make ends meet. For this family of seven, it’s been tricky keeping the kids in clothes that fit and keeping food on the table. With a little extra help from Catholic Charities Muskogee, they are able to stay together as a big happy family.

Visit cceok.org/cagle to see their story.
Pregnant and scared, Tori was accepted into the Madonna House program. With the love and guidance of Madonna House staff, she chose to give her newborn son up for adoption.

Now, Tori is finding her footing by dealing with the grief of her tough decision, but also getting on with bettering her life. Weekly coaching and wellness sessions at Madonna House have set her on the path to furthering her education and pursuing nursing.

Visit cceok.org/tori to read Tori's story.

"Getting to live here makes the struggle I went through worth it. In many ways, it’s too good to be true. Madonna House is exactly what I needed to feel safe and secure during my pregnancy."

~ Tori

After leaving her abusive husband, Tameika found herself and her daughter living in a hotel in Tulsa, struggling to make ends meet. She asked the Lord to open a door... then she found St. Elizabeth Lodge. With the coaching provided at St. Liz, Tameika was able to save $4,000, mend her relationship with her parents, and excel at her job, earning a leadership position with the City of Tulsa. She and her daughter are now secure and thriving!

"St. Elizabeth Lodge was a game changer. I was broken down, and the staff built me back up."

~ Tameika

Visit cceok.org/tameika to read Tameika's story.

182 NEW MOMS received pregnancy care

148 NEW BABIES were born under the care of our pregnancy care staff

13 MOMS & 12 BABIES found shelter and hope for a brighter future at Madonna House

9 MOMS & 39 CHILDREN found a safe home at St. Elizabeth Lodge

"St. Elizabeth Lodge was a game changer. I was broken down, and the staff built me back up."

~ Tameika

Visit cceok.org/tameika to read Tameika's story.

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~ Tori

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2,181 HOUSEHOLDS received assistance with utility bills, rent, prescription medications and more through our Emergency Assistance program.

100 FAMILIES received disaster case management to recover from the May 2022 floods.

359 STUDENTS received the gift of Adult Education &
42 STUDENTS earned their GED.

1,277 PATIENTS received dental care services worth $968,843.

100 FAMILIES received disaster case management to recover from the May 2022 floods.

Together, we...

**Lift up our neighbors in need**

**EMERGENCY ASSISTANCE**
Connecting people with CCEOK programs and available community resources.

**ADULT EDUCATION**
Creating hope for bright futures through adult basic education.

**DENTAL CARE**
Restoring healthy smiles with comprehensive dental care.

**DISASTER OUTREACH**
Providing a range of services for individuals and families struck by natural disasters and house fires.

"The deafening sound of rain started at around noon and by 2:30 am it was 'get out with the clothes on our backs and grab the dogs.'" —Billy Rose

Billy Rose and his mother, JoDale, had never experienced rain of this magnitude in the more than two decades they have lived in Oklahoma. Their home and most of their possessions were destroyed.

With the help of Catholic Charities Disaster Outreach team, they and 99 other families are on their way to recovery from this devastating storm.

Visit cceok.org/billy to read the full story.

"I feel comfortable receiving help from Catholic Charities because they don't discriminate. The staff is kind and giving to everyone." —Hau Cing

35-year-old Hau Cing moved to the United States from Myanmar and has lived in Tulsa since 2016, when she began taking GED and English as a Second Language classes at Catholic Charities. She is a proud member of our Class of 2022!

Hau Cing is planning to attend Tulsa Community College in January to study accounting.

Visit cceok.org/haucing to read her story.
Porta Caeli House celebrated its 5TH ANNIVERSARY in January 2022

Walk with the afflicted

PORTA CAELI HOUSE
Compassionate end-of-life care when dying at home is not an option

COUNSELING
Emotional and psychological healing and support by licensed therapists

HEALING AFTER ABORTION
Facilitating healing for those suffering after an abortion

238 GUESTS received end-of-life care at Porta Caeli House

303 ADULTS & CHILDREN received counseling services

26 PARTICIPANTS received support and healing after abortion through Rachel's Vineyard

"It is hard to miss how expressions change and people react to our therapy dog or you see someone close their eyes and relax as if being transported by the beautiful music."

~Mary Nole
Porta Caeli Staff

When a family member is dying, there are so many physical and emotional needs at play. Porta Caeli House provides special extras that bring comfort and peace to guests and their family members during these difficult times.

Jake from State Farm, a therapy dog, comes to visit our guests weekly for a little canine love.

A special group of musicians and singers visits biweekly to perform Taizé music, a form of meditative music meant to invite the listeners to rest in God.

Visit cceok.org/comfort to read more about the special ways Porta Caeli House brings comfort to our guests and their families.
We couldn’t be Love Changing Lives without our volunteers!

85 FULL-TIME & 30 PART-TIME staff members & 3,329 VOLUNTEERS worked together for the greatest impact on our community!

We thank Emily for her incredible dedication to our mission. She is the true meaning of “Love Changing Lives”!

Your team can volunteer together in a variety of ways to serve our neighbors in need:

- Assist families as they shop in The Market
- Help prepare takeaway meals in our commercial kitchen
- Stock shelves and organize the warehouse
- Dig in the dirt in our vegetable garden

Volunteer opportunities for any size group. Meeting rooms and lunch available.

ABOVE & BEYOND

Michael Canfield, Kevin Legleiter, Mark Marston & Heather Rogers volunteered MORE THAN 1,000 HOURS in 2021!

3,329 VOLUNTEERS

WORKED 111,343 HOURS

WHICH IS EQUAL TO 58 FULL-TIME EMPLOYEES!

277 PEOPLE VOLUNTEERED 100+ HOURS

As a former high school teacher, Emily Kamp is no stranger to a classroom. For the past 13 years, Emily has helped welcome refugees from the Congo, Russia, Iraq, Iran, Eritrea, Burma, Syria, and Afghanistan.

Her primary role teaching Cultural Orientation classes, a requirement for any refugees coming to Eastern Oklahoma, has prepared countless new Tulsans for life in the United States. In the series of seven classes, refugees learn everything from American currency and banking, grocery shopping, local laws, transportation and more.

When Catholic Charities agreed to accept 800 refugees from Afghanistan into Eastern Oklahoma in a five month period, Emily was an integral part of the team that created the framework for the Afghan refugee program and took a leadership role in the Cultural Orientation program. She contributed valuable input to help with airport greetings, case management, transportation, housing, medical assistance, interpretation, safety checks, and appropriate meals for our new “Afghan friends,” as she always calls them. From August to December 2021, she gave 734 hours of her time to “welcome the stranger”.

We thank Emily for her incredible dedication to our mission. She is the true meaning of “Love Changing Lives”!
Including Catholic Charities in our long-term estate planning has allowed us to create a legacy of giving while sharing our Catholic Christian values with our children and grandchildren.

Catholic Charities is, after all, “Love Changing Lives!”

Contact Laurie Gero at 918-508-7116 or lgero@cceok.org for more information.
Come with us...

...and bring hope to those in need.

Every day, our neighbors come to Catholic Charities in search of hope. Because of generous people like you, we can live out God’s call to serve those in need in Eastern Oklahoma. Take a look and see the impact of your gift.

So many are struggling in today’s economy. Among those are the most vulnerable in our community: children, the elderly and the disabled. I hope you will come with us and be Christ’s merciful love to those who suffer.

God bless you,

Deacon Kevin M. Sartain

DONATE TO THE ANNUAL APPEAL
cceok.org/donate