







We couldn't

As we reflect on the past year, we are humbled and grateful for the unwavering support of our donors and the incredible dedication of our volunteers. Your gifts of time, talent and treasure have been nothing short of transformative, and they have propelled our mission to be Christ's merciful love to those who suffer.

In this annual impact report, we are excited to share some remarkable achievements from the past year that were made possible by your generosity. Together we lift people up - we prevent homelessness - we chart a future full of hope.

In the words of Pope Francis, "To love God and neighbor is not something abstract, but profoundly concrete: it means seeing in every person the face of the Lord to be served, to serve Him concretely."

We are deeply grateful for your commitment to our mission and the essential role you play in our efforts to be a beacon of hope, compassion, and mercy in Eastern Oklahoma. We could not do it without you.

God bless you.

Deacon Karin M. Sustri Dcn. Kevin M. Sartorius. CEO

5,477

worked

112,142 **HOURS** 

which is equal to

full-time employees!

people volunteered **100+ HOURS** 

Felix Cuellar, Kevin Legleiter & Donna Riddle each volunteered more than 1.000 hours!

111 FULL-TIME & 42 PART-TIME staff members &

**5.477** VOLUNTEERS

worked together for the greatest impact on our community!

**THANK YOU!** 





#### **AS A GROUP**

Church groups, school groups, civic groups, friend groups - all groups are welcome!





# The Confon Family

Volunteer of the Year

Out of 300,000 volunteers from across the U.S., Catholic Charities of Eastern Oklahoma was excited to announce that Tulsa's Trang Coulon was selected as Catholic Charities USA 2023 Volunteer of the Year!

Trang has served at CCEOK since 2014 and maintains a lead role in The Market - volunteering more than 500 hours last year alone! Trang and her husband, Tim, along with their children, created the Matthew: 25 Closet at Catholic Charities - providing socks, hats, gloves, small toiletries and other items to homeless people in need.

"Our mission at Catholic Charities is carried out by dedicated volunteers who seek Christ in the poor," said Deacon Kevin Sartorius, CEO of Catholic Charities of Eastern Oklahoma. "This is so evident in the humble service provided by Trang. It is a blessing that we are able to work alongside her."

Congratulations also to Mickey Butler, who was one of five Volunteer of the Year finalists!



# Your gift. Their comfort.

Catholic Charities offers counseling for families and individuals experiencing significant problems, especially relating to marital and family relations. Catholic counseling integrates a variety of clinical techniques and faith-based support, within the fullness of the teaching of the Catholic faith, in order to maximize psychological growth and wellness.

#### **COUNSELING**

Emotional and psychological healing and support by licensed therapists

## 190 MOTHERS

received pregnancy care during

1,074 APPOINTMENTS & 126 BABIES were born!

The average age of Pregnancy Care patients is 29 YEARS OLD

# **464** PEOPLE

received counseling services,

198 APPOINTMENTS were telehealth
189 APPOINTMENTS were at no charge



"It's my feeling that no one should ever have to be without medical care because of the dental care that they need." - Dr. Jennifer Cook

After struggling with lupus and kidney disease for 18 years, Suprena found herself in need of a kidney transplant. She had done everything possible to get on the kidney transplant donor list, including losing 80 pounds, but her doctors told her that unless she had extensive dental work, there was no way she would get on the list for a life-saving kidney transplant. She was already working two jobs to make ends meet for all her other medical and life expenses and paying for dental work was out of the question. Suprena's luck was about to change - and her faith was soon to be restored when she was referred to CCEOK's Dental Care program.

#### **DENTAL CARE**

Restoring healthy smiles with comprehensive dental care

Read the rest of Suprena's story at cceok.org/suprena





Learning a new language is a challenge for anyone. Catholic Charities' Adult Education program is bringing real world situations into the ESL classroom. With the help of dedicated volunteers, students are learning English by shopping for groceries, eating in a restaurant, interviewing for jobs and more through mock scenarios set up in the classroom.

#### **ADULT EDUCATION**

Creating hope for bright futures through adult basic education



into the jail to help with testing.

# Giving hope through

After 800+ Afghan refugees were welcomed to Tulsa beginning in 2021, the task of helping them build successful lives as Americans continues. Through partnerships with local businesses, our placement specialist was able to help match 120 Afghan refugees with jobs in the Tulsa area.

120 REFUGEES

received job placement assistance

# program this year!

**CCEOK** celebrates

the start of a new

## Your gift. Their correer.

As part of a new Workforce Development program, Catholic Charities launched Good Shepherd Kitchen, a culinary training program aimed at helping students learn culinary skills that will help them be successful in the workplace. The twelve-week course provides classroom and hands-on training with a goal of helping them enter the workforce with marketable skills.

#### **CULINARY TRAINING**

Teaching culinary and life skills to empower students in their career and personal lives

# **231** STUDENTS

spent more than

# **6,165** HOURS

in the classroom learning English as a Second Language, studying for their GED, or gaining computer skills

## **24** STUDENTS

earned their high school equivalency

84 VOLUNTEERS

taught and assisted students

#### Your gift. Their opportunit "By being present, by being accepting and open, and just treating them like normal people, we are allowing them to grow and to have opportunities." - Sr. Catherine Martinez Oklahoma State University and Catholic Charities are working together to help women inside the Payne County Jail get their high school diplomas. Oklahoma State professors teach the courses and See news coverage on this story then Catholic Charities' Sr. Catherine Martinez goes at cceok.org/paynecountyjail

# Your gift. Their Soubility.

Addressing the most fundamental human needs, our Emergency Assistance program ensures that our clients have the support they require to overcome challenging circumstances and build a more secure future. More than just financial assistance, help is provided for everything from applying for rental assistance, SoonerCare and SNAP benefits to obtaining state-issued identification or copies of birth certificates.

#### **EMERGENCY ASSISTANCE**

Connecting people with CCEOK programs and other available community resources

## 9,127 HOUSEHOLDS

received assistance with utility bills, rent, prescription medications, and more through our Emergency Assistance program

2,150 HOUSEHOLDS

received direct financial assistance totaling

\$216,107

1,747 HOUSEHOLDS

received help with applying for other services available in the community, like rental assistance and SNAP benefits

# Your gift. Their peace.

"Gate of heaven" could not be a more appropriate meaning for a place that has been a final home for the more than 1,700 people since its opening in January of 2017. Porta Caeli House is a peaceful setting that provides a home to those under hospice care, welcoming spaces for families to be with their loved ones, meals in a shared dining room, and a caring staff who serve as family to many who have no one else to be with them in this time. There is no charge for care.

#### **PORTA CAELI HOUSE**

Compassionate end-of-life care when dying at home is not an option





#### **MADONNA HOUSE**

Encouraging independence for pregnant women and their babies

#### ST. ELIZABETH LODGE

Stabilizing homeless mothers and their children

Read her story at cceok.org/lakeisha



# Your gift. Lakeisha's

21 MOMS & 14 BABIES

found shelter and hope for a brighter

"I love it here, The staff is loving and kind and is teaching me all kinds of new tools to live a new way of life." - Lakeisha

Just months ago, Lakeisha was pregnant and living in a tent. Thankfully, she found her way to Madonna House. Now that her daughter, Journey, is here, Lakeisha is working toward a stable life for herself and her baby. She will begin a job as a parent mentor at DHS in January. With the guidance of the Transitional Living staff at Catholic Charities, she continues to work toward breaking the cycle of generational trauma.



After a fire recently destroyed his home, Turley resident Gerald sought help. "Catholic Charities has pulled together resources to help us live more comfortably while we figure out our next steps in restoring our life."

Gerald's daughter, Lori, said, "We can't express enough how much it means. It definitely gives you hope to know that somebody out there is willing to not judge you at all and just say, 'hey, I think we can help you."



See Gerald & Lori's story on our video at cceok.org/video

#### DISASTER OUTREACH

Providing a range of services for individuals and families struck by natural disasters and house fires

# Your gift. Their healing.

"I've struggled for years to deal with trauma from my childhood which has limited my life in many ways. Grief to Grace was a breakthrough for me in helping me move through these painful experiences and come out on the other side with a renewed relationship with God."

This is just one of many testimonies from the first five-day Grief to Grace retreat. The retreat helps restore hope to those suffering from abuse.

#### **HEALING MINISTRIES**

Facilitating healing for those suffering from abuse or after an abortion

### 27 PARTICIPANTS

received support and healing after abortion through three Rachel's Vineyard retreats



Read more about this new program at cceok.org/G2G

#### REFUGEES ARRIVED FROM

Afghanistan, Belarus, Burma, Columbia, Guatemala, Honduras, Iran.



Kazakhstan Moldova, Syria and Venezuela

493 IMMIGRANTS FROM 37 COUNTRIES

were counseled by Immigration Legal Services

# Your gift. Their welcome.

RUTABLY

# IMMIGRATION LEGAL SERVICES

Guiding immigrants through the path to citizenship with legal assistance

#### REFUGEE RESETTLEMENT

Welcoming those who fled persecution with support and guidance



Together, we are the LARGEST PROVIDER OF FOOD to individuals in need in the state of Oklahoma

14,329 PEOPLE

shopped for their own groceries at our client-choice food pantry, The Market at Catholic Charities

## **6.6** MILLION POUNDS

of food provided across
Eastern Oklahoma in 2022

SERVING
29 of 31
COUNTIES in Eastern Oklahoma

# 13,140 PEOPLE

received food, clothing and other services through our Outreach locations and

10,005 PEOPLE

received food through our
15 MOBILE FOOD PANTRIES

## 28 PARISHES

received outreach grants to provide help to those in need in their communities





#### THE KITCHEN

volunteers prepare hot lunches and nutritious takeaway meals for families shopping in The Market

#### THE GARDEN

volunteers contribute fresh produce and herbs to The Kitchen and The Market



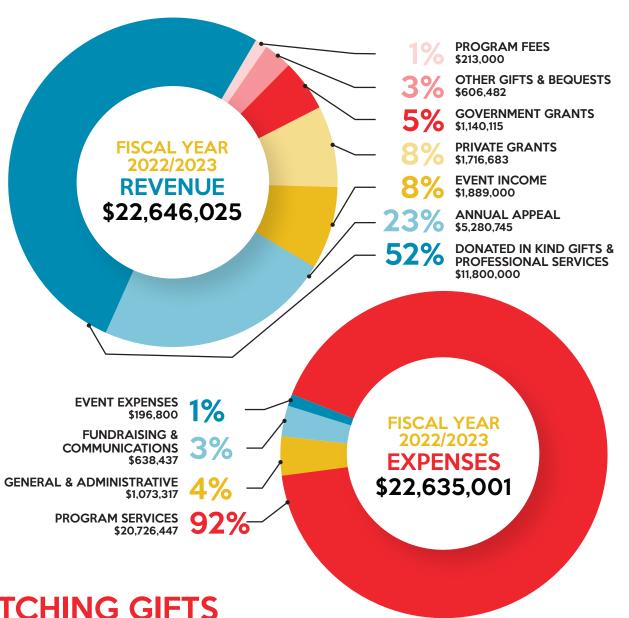


#### **ENDOWMENTS**

\$23,082,297

value of endowments \$1,421,944 endowment investment gain





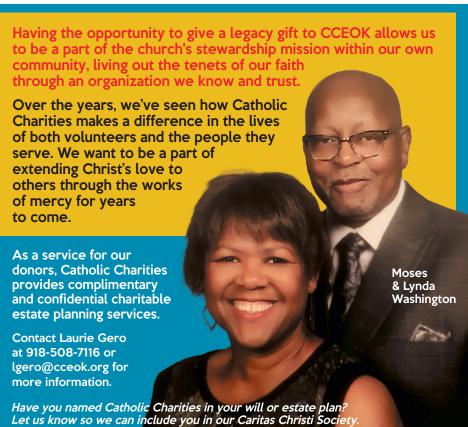
**MATCHING GIFTS** 

\$102.048 total giving matched from 81 donors

Does your employer match donations? cceok.org/matchmygift

Financial numbers are pre-audit and represent management's best estimate at this time for the fiscal year 7/1/22 to 6/30/23.





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Have you seen our new video?

Learn more about the impact of your gift! Watch our video at CCeok.org/video



Many are surprised to learn that Catholic Charities does not receive funds from the Diocese of Tulsa's Faith & Works Annual Appeal. The majority of our funding comes from gifts made directly to Catholic Charities by individuals and foundations.

Donate to our Annual Appeal at



cceok.org/donate



Your gift.
Their hope.

Every day, our neighbors come to Catholic Charities in search of hope. Because of generous people like you, our staff and volunteers are able to give them a hand up. Your donation allows us to say "yes" to the needs of our community.